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|  | <i>InAutism – Fostering Adult Integration</i> | MOD: 016/00 |
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Occupational Therapist

Arts Monitor

Social Worker

Assistant Technician

V. PROCESS

Framing the Intellectual Output VX, Activity in an Aquatic Environment, within the scope of the InAutism: Fostering Adult Integration project, belongs to axis 1, corresponding to an educational approach/strategy. Activity in the Aquatic Environment is related to a set of fundamental skills for the acquisition of autonomy in the aquatic environment, namely: Breathing, Balance, Displacement and Material Handling.

The practical application of this Intellectual Output is related to the implementation of an intervention program specifically developed for this population, through which competences such as motor coordination, tonic control and balance, fundamental in ease and confidence in this context, are developed.

These areas are worked on over 10 sessions, 2 for each of the areas, with four specific activities being carried out in each of them. There are also two evaluation sessions, one before starting the intervention and another after its completion.

VI. CASE STUDY

It is carried out a case study of the learner regarding the present intervention model.

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