

**INTELLECTUAL OUTPUT CHARACTERIZATION FORM****- Support for Educators (XX)****I. TARGET-GROUP**

Educators and support technicians for adults with Neurodevelopmental Disorders with difficulties related to cognitive functions.

**II. GENERAL OBJECTIVES**

1. Support educators of adults with Autism Spectrum Disorder and/or other Neurodevelopmental Disorders, in the acquisition and development of essential skills, for participation in society, promotion of well-being and quality of life;
2. Cover an educational intervention (cognitive, emotional and relational);
3. Supporting significant others, family members, educators and technicians, expanding skills and intervention capacity.

**III. SPECIFIC OBJECTIVES**

- Train educators in intervention with adults with Neurodevelopmental Disorders (PND);
- Promote the dissemination and knowledge of the intervention methodologies of the InAutism project among specialized educators;
- Provide educators with the tools and guidelines necessary to intervene in a similar way, following the directives of the project itself;
- Stimulate educators to develop learners' autonomy, providing them with strategies and possible adaptations according to the needs of each learner;
- To promote among educators' strategies that facilitate communication and social interaction among learners;
- Provide educators with tools that maximize their role as active agents in facilitating the emotional regulation and behaviour management of learners.

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#### IV. TECHNICIAN PROFILE

##### Technical Specialization

psychologist	<b>X</b>
Psychomotor	<b>X</b>
Social Educator	<b>X</b>
<b>Sociocultural Animator</b>	
Occupational Therapist	<b>X</b>
Arts Monitor	<b>X</b>
Social Worker	<b>X</b>
Assistant Technician	<b>X</b>

#### V. PROCESS

Intellectual Product XX, Support for Educators, is part of Axis 2 of the InAutism project: Fostering Adult Integration.

Support for Educators is linked to the dynamization of training actions in which Educators and Technicians specialized in the areas of Neurodevelopmental Disorders are trained in order to be able to integrate the intervention methodologies addressed in the IA-FAI. According to the training methodology developed, the various Intellectual Products are analysed, according to the key points of each one, and educators are encouraged to carry out a survey of the abilities, needs and interests of the learners they work with so that the intervention fits its own characteristics.

With regard to training areas, the following will be made available:

- “Support for Educators – Promotion of Autonomy”: some concepts and practical examples of the potential of the project in promoting the autonomy of learners are presented, namely through the Intellectual Products of Cognitive Stimulation, TEACCH, Son-Rise and Snoezelen Intervention;
- “Support for Educators – Communication and Social Interaction”: approach to techniques that facilitate communication and social interaction based on Intellectual Products of Personal and Social Development, Son-Rise, Dramatic and Plastic Expression, Ludo therapy and Musical Expression;
- “Support for Educators – Emotional Regulation and Behaviour”: Cognitive-behavioural Therapy, Personal and Social Development, Ludo therapy, Musical Expression and Relaxation are explored with Educators as techniques that help in promoting the emotional regulation of learners and that help in the management of behaviours.
- “Autism: from theory to educational practice”: where the basic theoretical principles of autism spectrum disorders and their implication in educational

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practice were exposed. The Intellectual Outputs “Cognitive-Behavioural Therapy”, “TEACCH”, “SAAC” and “Relaxation” were present in this training.

- “Support strategies for people with autism”: in this training, the objective was to present different techniques or methodologies that are considered effective in improving general aspects of the quality of life of people with autism. The IO on which this training was based were: "Cognitive Stimulation" "Play therapy, "Music therapy", "Therapeutic Riding" "Therapy in an aquatic environment" and "Snoezelen"
- “DEA and conduct problems: a positive approach”: where it was intended to expose different strategies to help professionals to solve situations related to unwanted conduct. The IO that was used as examples in this training were: “Cognitive-Behavioural Therapy”, “Personal and social development”, “TEACCH”, “SAAC” “Relaxation”, “Son Rise” and “Snoezelen”.