



LEARNER'S INDIVIDUAL SOCIO-EDUCATIONAL PLAN

I. LEARNER INFORMATION

Learner's Name

Pedro

Registration
Number

L001

Date of Learner's Individual Socio-Educational Plan: 05-07-2021

II. LEARNER SKILLS ANALYSIS

Learner's areas of interest

The Learner demonstrates a liking for computer gaming, movies and series, mainly in the anime category.

Learner's strong areas	Learner's weak areas
<ul style="list-style-type: none"> - Understanding of some kinds of emotions - Comprehension of simple oral language - Can express interests, likes and needs - Some reading, writing and arithmetic skills - Good accurate motor skills 	<ul style="list-style-type: none"> - Interpretation of non-verbal language - Focus on his own areas of interest - Reduced attention/concentration span - Some difficulty with emotional management


Learner's Profile

Social Participation	Cognitive Skills	Autonomy in Daily Life Activities	Vocational Profile (if applicable)
<p>The youngster participates socially in the activities promoted by the association within his social context.</p>	<p>Pedro has skills in terms of reading and writing, although making some spelling mistakes.</p>	<p>The youngster has autonomy in carrying out his daily living activities.</p>	<p>Not applicable.</p>

III. FITTING INTO INTERVENTION MODELS ANALYSIS

Intervention Model	Intervention Duration	Needed Resources	Objectives	Initial Evaluation*	Expected Result*
<ul style="list-style-type: none"> Personal and Social Development 	3 months	- No need for specific resources	- self-esteem improvement	PH	VH
			- Self-confidence improvement	PH	VH
			- Communication with others adjustment	PH	VH
			- Anxiety in moments of high agitation control	DD	PH
<ul style="list-style-type: none"> Musictherapy 	4 months	- Materials inherent to the therapy	- Appropriate body expression manifestation	FH	PH
			- Attention span and concentration increasing	FH	PH
<ul style="list-style-type: none"> Horseback Riding Therapy 	6 months		- Behaviour adaptation while staying in new places	DD	VH

		- Materials inherent to the therapy	- Postural patterns correction	PH	D
			- Motor coordination improvement	DD	VH
<ul style="list-style-type: none"> ▪ Therapy in an Aquatic Environment 	6 months	- Materials inherent to the therapy	- Breathing control adequation	PH	DD
			- Tonic-postural control improvement	DD	VH
			- Flexibility increasing	PH	DD
<ul style="list-style-type: none"> ▪ Relaxation 	4 months	- Materials inherent to the therapy	- Ability to self-regulate in times of heightened anxiety promotion	FH	PH
			- Ability of neuromuscular relaxation increasing	FH	DD

	<i>InAutism – Fostering Adult Integration</i>	MOD: 009/00
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* Identify the type of “Initial Evaluation” and “Expected Result” according to the following classification:

DN – Do Nothing

FH– Do the action with Full Help

PH – Do the action with Partial Help

DD – Do the action after a Demonstration

DV – Do the action with help/Verbal indication

DA – Do the action with Autonomy

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